

# ITALIAN FOXTROT

Odoardo Castellari

Music: Foxtrot Tempo: 96

Hold: See Below/Notes Pattern: Set

Steps:

Hold	Steps	Man	Lady	Beats
Waltz	1	LFO	RBO	1
	2	RFI X-B Chasse	LBI X-F Chasse	1
	3	LFO	RBO	1
	4	RFI	LBI	1
see note	5	LFO-I Swing	RBO-I Swing	4
	6	RFI	LFO	1
Waltz	7	LBI Open Mohawk	RFI X-B Chasse	1
	8	RBO	LFO	1
	9	LBI	RFI	1
	10	RBO-I	LFO-I	2
	11	LBO	RFO	1
	12	RBI X-F Chasse	LFI X-B Chasse	1
see note	13	LBO	RFO	2
	14A	RBO	LFO three	1 2
	14b	LBI Chasse		1
	15	RBO	RBO	2
	16	LBO	LBO	1
	17	RBO	RBO	1
Kilian	18	LFI	LFI	2
	19	RFI	RFI	2
	20	LFO	LFO	1
	21	RFI X-B Chasse	RFI X-B Chasse	1
	22	LFO	LFO	1
	23	RFI	RFI	1
	24	LFO	LFO	2
Waltz	25A	RFO X-F	RFO X-F Three	1 2
	25B	LFI Chasse		1
	26	RFO	LBO	2
	27A	LFO X-F Three	RBO X-B	2 1
	27B		LBI X-F Chasse	1
Kilian	28	RBO	RBO	2
	29	LBO X-B	LBO X-B	2
see note	30A	RFO	RFO Three	1 2
	30B	LFI Chasse		1
Waltz	31	RFO-I	LBO-I	2

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Notes:

All Steps, not otherwise described are RUNS

Tandem position Steps 15,16 and 17, for tandem position is intended one partner just behind the other.

Steps 1,2            The lady is slightly in front on the right of the man.

Steps 3 -4,        Waltz position.

Step 5             This steps begins with the partners "in front", then the lady goes on the left of the man, the free leg swings forward, the skating foot changes the edge with the second beat.

Step 10            This step is a feature of the dance, it is a vivacious step with quick move ments of the free leg. Beat 1 the free foot goes near the tracing foot. Beat 2 the partners    push the free foot outside, while the tracing foot changes the edge, then the free        foot comes back near the tracing foot to prepare for the next step.

Step 14            The lady makes the three in front of the man.

Steps 15,16,17    Steps very sprung with knees bent, the foot which is free is pushed slightly forward.

Step 29            The lady guided by the man, goes forward and then to his left, the step ends with the lady behind the shoulder of the man.

Steps 30A,30B    After the forward step, the couple during the three tum of the lady, must go away for a short time, before assuming the waltz position.

Step 31            Waltz position. To make this step we advise to lean the free foot (Ri ght for the    man and Left for the lady) in closed position but slightly behind (as regards the        direction of the step) the tracing foot. So it is possible to make the push of the foot        easier (forward for the man and backward for the lady), which will be free. The        step ends with a short change of edge to prepare for the first step of the dance.

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