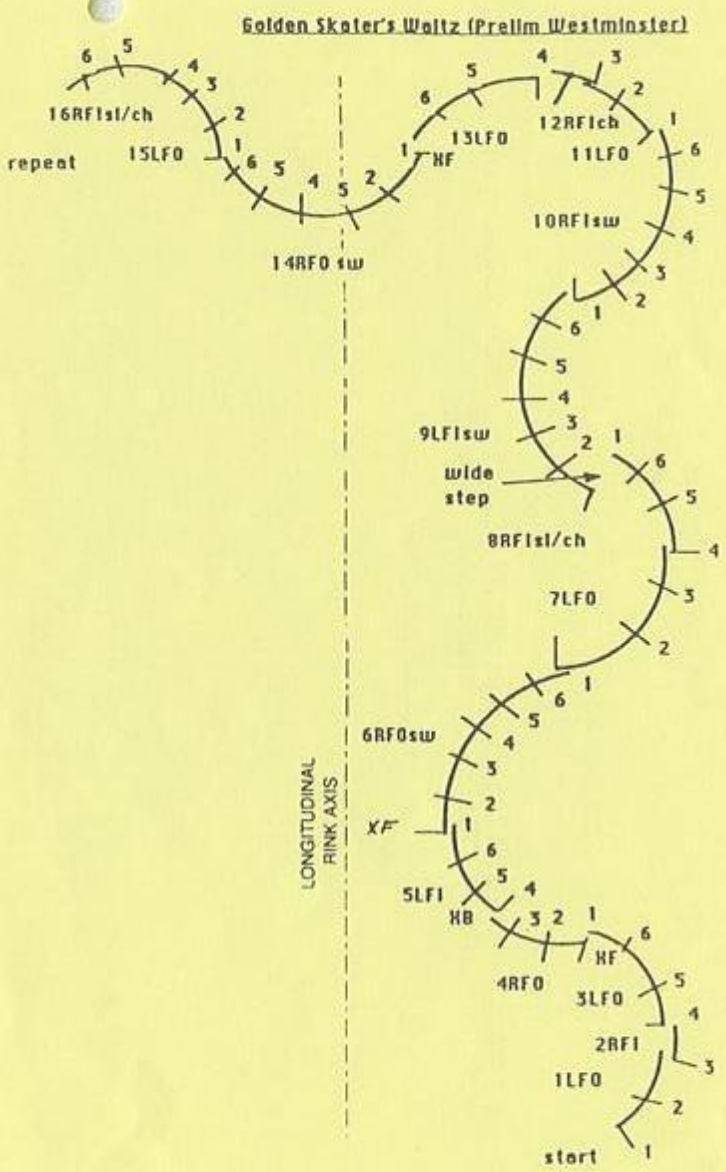
GOLDEN SKATERS' WALTZ

Music: Waltz 3/4

Tempo: 54 measures of 3 beats per minute alternating strong and weak measures (MM 162)

Dance Hold: Kilian

This dance is skated at Westminster Waltz tempo, and is intended to give a taste of the Westminster spirit and flow without demanding expert technique.

Hold	Step No.	Steps	Beats of Music
Kilian	1	LFO	2
	2	RFI (PROG)	1
	3	LFO	3
	4	XF RFO	3
	5	XB LFI	3
	6	XR RFO SR	6
	7	LFO	3
	8	RFI SL CH	3
	9	WIDE LFI SR	6
	10	RFI SR	6
	11	LFO	2
	12	RFI CH	1
	13	LFO	3
	14	XR RFO SW	6
	15	LFO	3
	16	RFI SL CH	3